

# Degree Program Modification Request Form

## Proposal to Modify the Current AS Degree in Public Health Program at the College of Micronesia - FSM

### The Proposal includes the following:

1. Modification of the program mission statement, program description, and the Program Learning Outcomes.
2. Removal of COMET as a requirement to get into the program
3. Removal of CBPH as requirement to get into the ASDPH program
4. Modification of program course requirements

Program Title: ASDPH	Division: Health Sciences/PH	Initiator: Frehiwot Teshome																		
<p><b>New Program Mission:</b> New Program Mission: The mission of the <b>Public Health Training Program</b> is to equip individuals with the knowledge, skills, and tools necessary to promote health equity, prevent disease, and improve community well-being. Through evidence-based education, hands-on training, and interdisciplinary collaboration, we empower public health professionals to address emerging health challenges and create sustainable health solutions for diverse populations.</p> <p><b>New Program Description:</b> The <b>Public Health Training Program</b> is designed to provide comprehensive education and practical training for high school/ GED graduates, professionals in healthcare, government agencies, nonprofit organizations, and community-based initiatives. Our curriculum covers core public health principles, including epidemiology, health policy, environmental health, social determinants of health, and emergency preparedness.</p> <p>Participants will engage in a mix of in-person and virtual learning, interactive workshops, case studies, and field experiences. The program emphasizes leadership development, data-driven decision-making, and community engagement to ensure trainees can implement effective public health interventions. By the end of the program, graduates will be prepared to lead public health initiatives, advocate for health equity, and apply innovative strategies to improve population health outcomes.</p>																				
<p><b>New Program Goal:</b> To prepare students with foundational public health knowledge, skills, and competencies necessary for entry-level roles in the field or for seamless transfer to a four-year public health program.</p>																				
<p><b>New Program Student Learning Outcomes:</b> <i>Students will be able to:</i></p> <table border="0"><thead><tr><th></th><th><i>ISLO Alignment</i></th></tr></thead><tbody><tr><td>1. Deliver effective public health presentations.</td><td>(Effective Oral Communication)</td></tr><tr><td>2. Develop well-researched written public health reports.</td><td>(Effective Written Communication)</td></tr><tr><td>3. Analyze public health data using critical thinking.</td><td>(Critical Thinking)</td></tr><tr><td>4. Design and evaluate community health solutions.</td><td>(Problem Solving)</td></tr><tr><td>5. Apply cultural competence in public health interventions.</td><td>(Intercultural Knowledge &amp; Competence)</td></tr><tr><td>6. Utilize credible sources and research for public health decision-making.</td><td>( Information Literacy)</td></tr><tr><td>7. Engage in professional development for lifelong learning.</td><td>(Foundations &amp; Skills for life-long learning)</td></tr><tr><td>8. Apply quantitative reasoning to epidemiological and statistical data.</td><td>(Quantitative Reasoning)</td></tr></tbody></table>				<i>ISLO Alignment</i>	1. Deliver effective public health presentations.	(Effective Oral Communication)	2. Develop well-researched written public health reports.	(Effective Written Communication)	3. Analyze public health data using critical thinking.	(Critical Thinking)	4. Design and evaluate community health solutions.	(Problem Solving)	5. Apply cultural competence in public health interventions.	(Intercultural Knowledge & Competence)	6. Utilize credible sources and research for public health decision-making.	( Information Literacy)	7. Engage in professional development for lifelong learning.	(Foundations & Skills for life-long learning)	8. Apply quantitative reasoning to epidemiological and statistical data.	(Quantitative Reasoning)
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**New Program Requirements: The**

**Proposed Revisions:**

**General Education 30 Credits**

**Retain the following as they are:**

EN 110 Advanced Reading (3)  
EN 120a Expository Writing I (3)  
EN 120b Advanced Writing II (3)  
CA100 Computer Literacy (3)  
ESS/SS 200 Fundamentals of Physical Fitness (3)  
Humanities Any (3credits)  
SS 150 History of Micronesia (3) PH109/MS  
Math for Public Health (3)

**Add:** PY 201 Human Growth and Development (3)

**Replace:** SC 117 Tropical Pacific Islands Environment (4) with **SC 120 Biology w/o Lab (4)**

**Major Requirements (36 Credits)**

**To be continued with suggested course outline modification:(27 Credits)**

PH 111 Introduction to basic Epidemiology & Statistics (3)  
PH 121 Environmental Prevention & control of diseases (3)  
PH 131 Food & Nutrition in the Lifecycle (3)  
PH 141 Principles of Health Promotion (3)  
PH 211 Health Research Methodology (3)  
PH 212 Surveillance, ID, & Mgmt. of Disease outbreaks (3)  
PH 221 Occupational Health & Safety (3)  
PH 231 Food, nutrition, & lifestyle Diseases (3) \*the name to be changed

**PH Electives any 3cr:** PH 152 Practical Health Services Management (3); PH 151 Intro. to Pacific Health care system & traditional Med. (3); PH 241 Case studies and Special Issues in Health Promotion.

**Courses title to be Revised**

\* Currently PH 231 Food, Nutrition and Lifestyle Diseases (3) *Suggest changing the course name to **Prevention & Management of Lifestyle Diseases (3cr)***

**Reason:** *Lifestyle diseases involve different aspects, not only food and nutrition.*

**Courses suggested to be Removed or Replaced with New ones**

**Remove:** PH 112 Introduction to Epi-info & computing for PH (3)

**Reason for Removal:** No longer relevant because the epi-info is phased-out by CDC. Since students will be taking PH 111 that will satisfy the PH 112 requirement for this level.

**\*Replacement:** PH 101 Introduction to Public Health (3 to be created)

**Remove:** PH 251 Management of Health Information System and Epidemiology

**Replace with:** PH 250 Health Policy & Ethics (3) to be created

**Reason for Replacement:** while PH 211, 212 and PH111 can satisfy the need for PH 251 course at this level. PH 250 is suggested to be added for the above-mentioned reason.

**Remove ESS1%:** ESS 200 meets the need.

**New proposed courses to be added (9 Cr.)**

\*PH 101 Intro to PH (3) to replace PH 112

\*\*PH 250 Health Policy & Ethics (3) to replace PH 251

PH 299: Capstone Project (3) to be added as new requirement

**Reason for Suggesting the new additions:** PH 101 is an introductory course that will help students understand basic concepts before getting into the hardcore courses.

PH 299 is to be added to help students gain hands-on experience by applying the knowledge they gained throughout the program. This course should be included to better equip students with the ability to engage with a wide variety of health issues that will require them to meet with different policy makers and professionals.

**Justification for revising the program:**

- The current admission criteria are more restrictive for students to directly get into the program
- To allow students to be placed into the ASPH program upon meeting the COM-FSM admission policy or criteria.
- Students completing the Certificate in Basic Public Health (CBPH) will automatically be admitted into the ASPH Program.
- CBPH should be available to individuals who want to attain CE certificate or enhance their career (e.g. Nursing graduate w/o PH background or others)
- The current PLOs are compounded and confusing making it difficult for assessment
- There are courses that should be included to meet the students learning needs while some courses need to be modified or replaced.

**Assessment Level:** I = Introduced; D = Developed and practiced with feedback; M = Demonstrated at the mastery level appropriate for graduation

PH Major Course Requirements

Course	PLO 1	PLO 2	PLO 3	PLO 4	PLO 5	PLO 6	PLO 7	PLO 8
PH 111		I	I	I		I		I
PH 121	I	I	I	I	I	I		
PH 131	I	I	I	I	I	I		I
PH 141	I	I	I,D	I,D	I	I		
PH 211	I,D	I,D	I			I, D		I
PH 212			I	I,D	I	I,D		
PH 221			I,D	I,D		I,D		
PH 231		I,D	I	I,D	I,D	I	I	I

**PH Elective Courses:**

PH 151					I		I	
PH 152			I			I		
PH 241	I	I,D	I,D	I,D	I	I,D		

**New Suggested Courses**

PH 101	I		I	I	I	I	I	I
PH 250			D,M	D,M	D,M	D,M		
PH 299	DM	DM	DM	DM		DM	D	D,M

### Suggested Schedule For ASDPH

#### Semester I:

#### Semester II:

EN 110 Advanced Reading	3	SC 120 Biology W/Lab	4
EN 120a Expository Writing I	3	PH 111 Intro. to basic Epidemiology & Biostatistics	3
PH/MS 109 Math for Public Health	3	PH 131 Food & Nutrition in the Lifecycle	3
CA 100 Intro. to Computing	3	EN 120b Expository Writing II	3
PH 101 Intro. to Public Health	3	SS 150 History of Micronesia	3
	<b>15</b>		<b>16</b>

#### Summer:

Humanities any (Art, Culture, Music etc.)	3
PH 121 Environmental prevention & Control of Disease	3
	<b>6</b>

#### Semester III:

#### Semester IV:

PY 201 Human Growth & Development	3	PH 212 Surv., Id, & Prevention of Disease outbreak	3
PH 141 Principles of Health Promotion	3	PH 221 Occupational Health and Safety	3
PH 211 Health Research Methodology	3	PH 231 Prev. & mgmt. of lifestyle diseases	3
ESS/SS 200 Fundamentals of Physical Fitness	3	PH 250 Health Policy & Ethics	3
PH Elective to be approved by advisor	3	PH 299 Capstone Project	3
	<b>15</b>		<b>15</b>

Institutional Cost: None

Decision: \_\_\_\_\_ Approved \_\_\_\_ Not Approved Comment:

Instructional Coordinator



Date: 8/12/25

Chairperson, Curriculum Committee



Date:  
08/12/2025